

CURRICULUM VITAE

Yanina M. Marti-Ramírez de Arellano, MSW, LCSW

EDUCATION

Doctor of Social Work student Millersville University, Millersville, Pennsylvania Leadership and Education	2023-present
Master of Social Work University of Puerto Rico, Escuela de Trabajo Social Beatriz Lasalle, Rio Piedras, Puerto Rico Community Social Work	2006-2009
Bachelor of Social Work Caribbean University, Bayamon, Puerto Rico	2001-2005

UNIVERSITY TEACHING EXPERIENCE

Adjunct Professor Experience

01/25-present	Carlow University , Department of Social Work, Pittsburgh, Pennsylvania Instructor Graduate (MSW) Courses <ul style="list-style-type: none">• MSW 724: Strength-Based Leadership• MSW 730: Generalist Field Placement I• MSW 732: Generalist Field Placement II
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Field Instructor Experience

01/23-5/23	Thomas Jefferson University , Community & Trauma Counseling, Philadelphia, Pennsylvania Field Instructor Graduate (MS) <ul style="list-style-type: none">• CTC 701: Practicum
08/22-5/23	Millersville University , School of Social Work, Millersville, Pennsylvania Field Instructor Graduate (MSW & MS) <ul style="list-style-type: none">• SWK/SOWK 530: Field Practicum I• SWK/SOWK 531: Field Practicum II• PSYC 686: Internship in School Psychology
08/21-5/22	Shippensburg University , Social Work and Gerontology Department, Shippensburg, Pennsylvania Field Instructor

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Graduate (MSW)

- SWK/SOWK 630: Advanced Field Practicum I
- SWK/SOWK 631: Advanced Field Practicum II

08/21-5/22

Edinboro University, Social Work and Gerontology Department,
Edinboro, Pennsylvania

Field Instructor

Graduate (MSW)

- SOWK 7800: Advanced Social Work Field I
- SOWK 7810: Advanced Social Work Field II

PROFESSIONAL SOCIAL WORK EXPERIENCE

Clinical Social Work & Social Work

02/22-present

Encanto Wellness Center, Lancaster, Pennsylvania

Bilingual Trauma Therapist;

Clinical Director: Intern Field Instructor, Play Therapy Supervisor

EMDR Approved Consultant

07/20-06/22

Sun Point Wellness Center, Lancaster, Pennsylvania

Primary Therapist; Director of Bilingual Services (7/21);

Intern Field Instructor

06/16-04/21

T.W. & Associates Counseling Services, Lancaster, Pennsylvania

Outpatient Mental Health Therapist; Intake Specialist

10/15-04/16

Alternative Consulting Enterprise, Shillington, Pennsylvania

Outpatient Mental Health Therapist; Intake Specialist

10/13-11/15

Open Door International, Reading, Pennsylvania

Social Worker II

Training Facilitator

11/22-present

Start Again Associates, Pasadena, California

EMDR Training Facilitator

10/22-present

Institute for Creative Mindfulness, Bath, Ohio

EMDR Training Facilitator

3/22-present

Mindful Journey Center, Florida & Puerto Rico

EMDR Training Facilitator

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PUBLICATIONS

Journal

Pfannenstiel, A. N., Foels, L., Montgomery, D., & **Marti-Ramírez de Arellano, Y. M.** (in press). Graduate student mental health: An overlooked learner population. *2.0 Engage for Change Mental Health and Well Being: Justice for ALL*.

Unpublished Thesis

DeJesus-Rosa, I., **Marti-Ramírez de Arellano, Y.**, & Vásquez, A. (2009). *Resolution 99: A Conflict for History*. [Unpublished master's thesis]. University of Puerto Rico.

PRESENTATIONS

National Conferences

Marti-Ramírez de Arellano, Y. M., & Saldaña-DeJesús, B. (February 27, 2026). *Incorporating self-care while teaching in higher education* [Roundtable Session]. Lancaster Learns Conference, Lancaster, PA, United States.

Marti-Ramírez de Arellano, Y. M., & Saldaña-DeJesús, B. (October 30, 2025). *Cuidando de mi: A qualitative exploration of self-care among Latine social workers (preliminary findings)* [Conference Session]. PA State System of Higher Education, Harrisburg, PA, United States.

Marti-Ramírez de Arellano, Y. M., Drueding, E. R., Goff, K. L., Smith, E. C., & Kaphalanya, P. O. (October 30, 2025). *Graduate student experiences with active learning: The impact of inclusive pedagogy* [Panel Discussion]. PA State System of Higher Education, Harrisburg, PA, United States.

Guest Speaker

Marti-Ramírez de Arellano, Y. M. (February 6, 2026). *Discussing Self-Care & Burnout as a Future Social Worker*. [Guest Speaker for the course SOWK 401 Social Work, undergraduate course]. Professionalism Seminar, Millersville University, Millersville, PA, United States.

Marti-Ramírez de Arellano, Y. M. (April 21, 2024). *Qualitative Methods for Gathering Data*. [Guest Speaker for the course SOWK 430 Social Work, undergraduate course]. Research Methods, Millersville University, Millersville, PA, United States.

Employer-Sponsored Training

Marti-Ramírez de Arellano, Y. M. (April 22, 2022). *Play Therapy Basics: One, Two, Three... Fish*. [Speaker]. Employer-Sponsor Training at Sun Point Wellness Center. Lancaster, PA, United States.

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Marti-Ramírez de Arellano, Y. M. (February 2, 2022). *Play Therapy Basics: One, Two, Three... Fish*. [Speaker]. Employer-Sponsor Training at Sun Point Wellness Center. Lancaster, PA, United States.

PROFESSIONAL DEVELOPMENT

Certification

- Certified Clinical Trauma Professional Level- II (706837)
- Certified EMDR Therapist™

Others

- Registered Play Therapist- Supervisor™ (S-3330)
- EMDR Approved Consultant™

Certificate

- Mindfulness-Based Play-Family Therapy Certificate: A two-year postgraduate training program in child development (09/17-05/19)

LICENSES

- Licensed Clinical Social Worker (Pennsylvania), License # CW021416, obtained in 2020
- Florida Out-Of-State Telehealth Provider, Authorization # TPSW1109, obtained in 2021

PROFESSIONAL AFFILIATIONS

- Association for Play Therapy, Inc., since 2019
- EMDRIA, EMDR International Association, since 2021